



September/October
Newsletter

549 Family Foundation
200 5th St. SE
Perham, MN 56573

"FACING THE DRAGON"

ONE MAN'S BATTLE AGAINST METHAMPHETAMINE

David Parnell is 39 years old, married and has seven children. He is also a methamphetamine and suicide survivor. David began using marijuana at age 13. He then progressed to harder drugs eventually discovering methamphetamine. He was addicted to meth for seven years before shooting himself under the chin with a SKS assault rifle, literally blowing his face apart. His injuries were so severe he was written off as deceased by the sheriff's department while in transit to the hospital. Now, David is sober after spending 23 years on drugs.

After 15 surgeries and many more to go from his suicide attempt, David has devoted his life to fighting methamphetamine. He travels across the country, Canada and England speaking to schools, churches, jails, rehabs and community groups to warn about the dangers of methamphetamine and share his story. David's intense presentation includes education about drugs, particularly methamphetamine, his personal story, before and after pictures of himself and others, and much more. His program hopefully will not only prevent others from trying meth, but also give hope to those already addicted.

The 549 Family Foundation has sponsored David to give 2 presentations at the Perham High School Auditorium on **Wednesday, October 4th**. The high school students will hear David's powerful program at 1:50pm and there will be a second program open to the public with **free admission** at 7pm. A box for free-will offerings to the 549 Family Foundation will be available at the entrance.

*"David Parnell's presentation is a **MUST SEE** for anyone. A life completely changed by the use of drugs and the resulting trauma he faces on a daily basis, is a lesson we all need to hear. His story is one that could help our children make wiser choices because they have heard from someone who did not and seen for themselves what choosing the path of drugs can do. Heart-wrenching and emotional are words that barely scratch the surface of David's story."* -Denise Brazzell, Graves County High Youth Service Center Coordinator.

So, You Want Money for a School Project and You Don't Know How to Get It!

To apply for funds to benefit students of the Perham-Dent School District #549, go to www.549family.com. Click on "Grant Application". Fill out the application online and click on the button to forward it to the principal of the **PRIMARY** building affected by the grant to begin the approval process. First time grant applicants need only fill out pages 1-4 & page 6. Applicants with a repeat request should complete only pages 5 & 6.

HINT: KEEP YOUR ANSWERS SIMPLE AND SHORT!

Generally, a response from the 549 Family Advisory Board will be within 30 days of their receipt of the application. 549 Family cannot consider a grant without a completed application. For highest consideration, it is recommended, but not required that grant applications for the '06-'07 school year be submitted by Sept. 30, 2006.

HELP NEEDED!

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Volunteers are desperately needed for the Heart of the Lakes Elementary Library! They need someone to shelve and check out books on **TUESDAYS** and **THURSDAYS** from 1 to 3pm each week. This can be covered by **SEVERAL** volunteers! On **FRIDAYS**, someone is needed to do laminating. The Dent Elementary Library needs someone about 2 hours each **WEDNESDAY** willing to shelve books and do some light decorating. Do you have a used VCR or VCR/DVD player sitting around gathering dust? **HOTL** could use it! If you can help with **ANY** of these requests, call 346-5437 and leave a message for Rachel Hoff. **THANK YOU!!!!!!**

Newsletter Correction:

In the May "What's the Buzz", this coordinator inadvertently missed listing Marjorie Berg as a member of the 549 Family Foundation. We appreciate all our members and sincerely apologize for this oversight! THANK YOU, Marge, for your support! ☺

549 Family is accepting memberships NOW for the 2006-2007 school year! As little as \$25.00/year to be a Community Member! See other gift levels and details at www.549family.com under the "Pledge Form" tab. Other gift options are listed under "How Can I Give".

If **EVERYONE** gave a **LITTLE**, what a difference we could make for the futures of the kids of Perham-Dent! Imagine the possibilities! Please join us **TODAY!!**



549 Family sponsors the Cartridges for Kids program for the Perham-Dent school district AND the Box Tops program at Prairie Wind Middle School.

Thanks to your contributions, CFK has earned over \$3000.00 since it began in 2004 and Box Tops about \$700.00 in one year. This money is spent on little things left on the cutting room floor of the school budget like prizes for kids, pizza parties, field trips, reading incentives, supplies for little science experiments, bare books for future authors, poetry books & more!

Drop off your empty computer ink cartridges at:

Any ISD549 school building
Perham Printing & Office
Perham Area Chamber office
United Comm. Bank/Perham
Either Perham Arvig building
Carr's Market in Ottertail
Farmers State Bank/Dent
Vergas State Bank

Find out what cartridges are accepted at:

www.cartridgesforkids.com

Drop off your Box Tops at:

Any ISD549 school building
Find a listing of all the products that carry box tops at:

www.boxtops4education.com

One phone call from you. That's it! No cost, no hidden fee, no add on to your bill!

The generous people of Arvig Communication Systems give the 549 Family Foundation ONE DOLLAR each month you're an ACS Internet Customer. They give 549 Family TWO DOLLARS each month you're a SpeedLINE customer. They give 549 Family TEN DOLLARS with a new internet connection.

ALL YOU DO IS CALL 346-4227 Customer Service and tell them to add your account to the Internet School Partnership Program giving to the 549 FAMILY FOUNDATION!

549 Family is supported by area businesses through sponsorships of two major fundraisers each year; the Honey Bee Gala in the spring and the Golf Tournament in July. These businesses don't get near their due recognition for the support they give community events all year around, so we'd like to take this opportunity to again say **thank you** for all you do to help this great cause! Please support these businesses and thank them in person.

Arvig Communications Systems

Bauk Busing LTD

KLN Enterprises

United Community Bank

Back Nine Engineering, LLC

Bremer Bank

Digital Jam Web Development

Energy Services Group

Esser Plumbing & Heating

Hammer's Construction, Inc.

JH Signs & Designs

Kit Masters, Inc.

Main Street Express

Nadine's Fashions & Perham Linen

Overland Insurance Agency

Perham Dairy Queen

Perham Printing & Office Supply

Phelps Ford

Sorella's Salon & Spa

Ace Hardware

Aim North/Daktronics

Allegro Marketing

Bauk Paint & Bay Window Quilt Shop

Blossoms, Birds & Beyond

Dean's Country Market

Dennis Hoffman, Edward Jones

Ed & Sig Winjum of State Farm Insurance

East Ottertail Pharmacy

Farmers State Bank

Greenspire Graphics

Hamann Family Dentistry

Hanson Plumbing & Heating

Happel Law Office

Heart of Lakes Credit Union

History Museum of EOT County

Lakeland Veterinary Clinic

Lakes Café

Lakes Radio

Linda Stoll of Coldwell Banker

Marlo Motors

Mulligan's Pub & Eatery

NAPA Auto Parts

Nelson's Confectionery

New Horizons Realty

New Life Farms

Paul Hunt, Attorney

Perham Enterprise Bulletin

Perham Physical Therapy

Primera Foods Corp.

Royale Resources, Inc.

Schmitz Auto Body & Repair

Staebler Financial Group

T-Bonz Steakhouse

Terry Karkela, Attorney

Tom Tomporowski, PHS Instructor

United Community Insurance

Wells Fargo Bank/DL

Winkels Carpet

Zorbaz

EOT Master Gardeners

Ghost Runners

Hoot's Sports

Long Weekend

Main Frames

Mark Strege Sports Sales

Museum Store

Perham Area Community Center

Perham Lakeside Golf Club

Service Foods

Shop Central

Station House

Thumper Pond

Van-Go Tours

Wild Goose

www.549family.com

218-347-0549

Board Members:

Brian Mort, President
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Delegate David Arvig
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